



Parking

ENTER BUILDING

CONSTRUCTION AREA

Gilbert High School

Parking

BUS PARKING

Parking

Parking

ENTRANCE

Tiger Stadium

GILBERT
SHEDIA

Raccoon River Conference Track & Field Coed Meet

Wednesday, May 7, 2025

Gilbert High School - Tiger Stadium

ADM, Ballard, Bondurant-Farrar, Boone, Carlisle, Carroll, Gilbert, North Polk, Winterset

FIELD EVENTS: 4 PM

Shot Put (4 Attempts)- Girls followed by Boys

Discus (4 Attempts)- Boys followed by Girls

Long Jump (4 Attempts)- Boys followed by Girls

High Jump- Girls followed by Boys (Girls will start at 4'2" Boys at 5'2")

RUNNING EVENTS: 4:30 PM

Girls followed by Boys

Sprint Medley (one entry)

3000/3200 Meter Run (two entries-one heat)

4 x 800 Meter Relay (one entry)

Shuttle Hurdle Relay (one entry)

100 Meter Dash (two entries)

Distance Medley (one entry)

400 Meter Dash (two entries)

4 x 200 Meter Relay (one entry)

100/110 Meter Hurdles (two entries)

800 Meter Run (two entries-one heat)

200 Meter Dash (two entries)

400 Meter Hurdles (two entries)

1500/1600 Meter Run (two entries-one heat)

4 x 100 Meter Relay (one entry)

4 x 400 Meter Relay (one entry)