Detroit Lakes Middle School Basketball FAQ 2026 Season

Join our TeamReach App for communication: Class Name: 2026 7th-8th School Bball Group Code: 2026DLBBALL

1st practice: Monday, January 5, 2025. 3:30-5:10. DLMS.

What do players wear the first week of practice?

Gym shorts, T shirt, and basketball shoes for practice. A water bottle helps. Players need sports physicals done before they are allowed to practice. A sports physical is good for three years.

How does playing time work?

All players will get playing time in games, but playing time isn't equal for all players. Not everyone will play in the same number of games. We want to put kids in position to be challenged, but also have success. Other factors include: practice attendance, school attendance, attitude and effort, school behavior, grades/eligibility, understanding of role/plays, etc.

How are teams divided?

We will match how our opponents split their team. Most do A and B teams, so that is usually the case. If other towns split their teams evenly, we will match. We will split our teams into A and B as soon as we feel we are ready. Teams are fluid and can change.

When will the game schedule come out?

The game schedule will be found on the middle school activities webpage. Check frequently as games change due to weather, number of players/teams on our team and opposing teams, etc. Once we get our teams split into teams, we will update the online calendar to specify which teams play on which dates, in about two week increments. That allows us to keep evaluating our team/rosters as well as opposing teams and create good matchups for both sides. We understand it would be nice to layout the schedule all at once, but in years past that has come back to not be best for player experiences.

When are practices?

We practice Monday-Thursday. Practices are 3:30-5:10, ready to be picked up at 5:15. Wednesdays are 3:30-4:55, ready to be picked up at 5:00. If there is no school, or an early out, there is not practice.

If players are not at practice, it is an expectation that it is communicated with a coach prior to the start of practice.

What if my son's team isn't playing, but the other team is playing?

If we have a home game, but your son's team isn't playing, we would like players to come and watch, support, and learn. If there is a road game and your son's team isn't playing, we will communicate if there will be practice, an intersquad scrimmage, or a day off.

Do we stop for food after road games?

No. Players should pack food to eat before and after games.

Does my child have to ride the bus home after games?

No. Coaches will have a roster and players can ride home with their parents if a parent signs the roster.

If you're riding the bus home, we will send a message on TeamReach letting families know our arrival time back to the middle school front doors. Coaches appreciate prompt pickups so we can get home to our families at a decent time.

What equipment does my player need?

Game uniforms are provided.

8th Grade Coaches:

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7th Grade Coaches:

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