

Omaha North Wrestling State Champions, 1951, 85, 90, 93, 94, 95, 99, 2014

OMAHA NORTH HIGH MAGNET SCHOOL

2025 80<sup>th</sup> ANNUAL VERN EKFEIT / CURLEY ALEXANDER INVITATIONAL  
WRESTLING TOURNAMENT

INSTRUCTION SHEET

PARTICIPATING TEAMS --:Crete, Council Bluffs Thomas Jefferson, Lincoln High, Omaha Benson, Omaha Bryan, Omaha Burke, Omaha North, Omaha South, Omaha Westview, South Sioux City, Tri-Center IA, Fall City

DATE AND SITE:

December 6<sup>th</sup> Omaha North Magnet School, 4410 N. 36th St.

**Weigh-ins (Varsity Only) at 7:30 AM.** Wrestling begins at 9:00AM. Scales open at 7:00AM.

TYPE OF TOURNAMENT:

Varsity Wrestlers (2-3 Mats) will be placed into pools based on the size of the weight class up to 8-man pools.

**Outstanding Wrestler Award** voted on by head coaches, and **Most Pins Award**. If there is a tie it will be awarded to the wrestler with the most pins in the shortest amount of time.

JV's (1-2 Mats) will have the night before home school weigh-ins. Every wrestler will be put in 4-person round robins. The goal here is to get everyone 3 matches.

SEEDING AND DRAWING:

Please look for TrackWrestling email from Doug Niemiec.

Enter 2024 - 2025 record and/or if they are a returning State Qualifier / Medalist

If a student is a freshman, leave it blank.

SCORING OF POINTS:

Rule book for 4 places

MISCELLANEOUS:

Fan admission at 8:30 a.m.

No Cheerleaders.

A trainer will be available.

Food for coaches is in the cafeteria. Meal Tickets will be handed out at the seeding and scratch meeting.

We ask for your cooperation in caring for the facilities.

POUND ALLOWANCE- It appears no teams have a match Friday evening. There will be no pound allowance. Let us know ASAP

ENTRY LIST: DUE to Omaha North High by Thursday, December 4th, 2025. Email list of

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student managers. 2 per school allowed in without charge.

**ENTRY FEE:**

**\$175.00** – For the Varsity Tournament and **\$75.00** for the JV Make Checks Payable to Omaha North High School - due Thursday, December 4<sup>th</sup>, 2025. The deadline to enter Track Wrestling is on Thursday, December 4<sup>th</sup>, 2025, at Midnight.

Eric Johnson, Athletic Director  
Tournament Coordinator  
531-299-4008  
Fax: 531-299-2739

Doug Niemiec,  
Trackwrestling / Seeding Meeting Director  
402-578-9680

Dan Carlson  
Omaha North High School  
Head Wrestling Coach  
308-850-1204

Admission is Adults \$7 High School student with ID \$5 includes anyone in school K-12.  
Metro/HAC VIP PASSES ONLY