



## LEWIS AND CLARK CONFERENCE

### 2026 LEWIS & CLARK CONFERENCE TRACK & FIELD MEET AT CREIGHTON HIGH SCHOOL SCHEDULE OF EVENTS

- 9:00am** Coaches Meeting/Weigh Implements
- 10:00am** Scratches/Add's due (if it does not create another heat)
- 9:30am** Discus: Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>  
Shot Put: Boys 1<sup>st</sup> – Girls 2<sup>nd</sup>
- 10:00am** Pole Vault: Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>  
High Jump: Boys 1<sup>st</sup> – Girls 2<sup>nd</sup>  
Long Jump/Triple Jump Girls & Boys (Runways determined day of meet)  
\*The girls and boys' Long Jump will take place before Triple Jumps.
- 1:00pm** *Prelims/Finals*  
4 x 800 Relay Final (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
100 Hurdles Girls Prelim  
110 High Hurdles Boys Prelim  
100 Prelim (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
400 Final (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
3200 Final (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
200 Prelim (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
*Finals*  
100 Hurdles Girls  
110 High Hurdles Boys  
100 (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
800 (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
300 Hurdles (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
200 (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
1600 (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
4 x 100 Relay (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)  
4 x 400 Relay (Girls 1<sup>st</sup> – Boys 2<sup>nd</sup>)