

Cedar Catholic Track Invitational

April 14th, 2026

Coaches Meeting-12:30

1:00

Shot Put-----Girls followed by boys

Discus-----Boys followed by girls

Long Jump----Both Genders at 1:00 (B-East Pit, G-West Pit)

Triple Jump-----Following long jump

High Jump-----Boys followed by girls

Pole Vault-----Girls followed by boys

3:00 Running Events-All running events are finals only

3200 M Relay

100 M High Hurdles

110 M High Hurdles

100 M Dash

1600 M Run

400 M Relay

400 M Dash

300 M Hurdles

800 M Run

200 M Dash

3200 M Run

Field Event Relay (Just have the kids show up)

1600 M Relay