



MIDDLE SCHOOL INDOOR -NSU

SCHEDULE OF EVENTS

April 7, 2026

4:00 LONG JUMP – 7TH boys/8th boys/7th girls/8th girls (3 jumps)

HIGH JUMP – 7th girls/8th girls PINK PIT

7TH boys/8th boys MAROON PIT

SHOT PUT - 7TH boys (east ring) 8th boys (west ring)

7th girls (east ring) 8th girls (west ring)

POLE VAULT – 7 & 8 girls followed by 7 & 8 boys

Tentative Time Schedule – Will be on a Rolling Time Schedule

5:15 55 M. Hurdles

55 M Dash

4 x 160 M Relay

800 M Run (5 laps)

320 M Dash (2 laps)

1600 M Run (9+ laps) Combined

200 M Dash (1.25 laps)

4 x 320 Relay (2 laps) Combined

Running order: 7 Girls/ 8 Girls/ 7 Boys/ 8 Boys