



County Duel in the Pool



December 15 & 16, 2025

Location:

Randolph-Macon College, Brock Recreation Center, 417-473 N Center St, Ashland, 23005

This meet will be run on two evenings with the GIRLS competing on Monday evening the 15th and the BOYS competing on Tuesday evening the 16th.

Meet contact: George Massey hhswimming1@gmail.com 804-852-8639

Timeline:

6:10-6:30pm	Warmups, Hanover, Mechanicsville
6:30-6:50pm	Warmups, Atlee, Patrick Henry
6:20pm	Official's meeting (meet in hallway)
6:35pm	Timer's meeting (meet in hallway)
6:50pm	Coaches and captains meeting with referees (meet at the starter)
6:57pm	National Anthem
7:00pm	Meet Start

Entries:

- **Entries are due by 10am on Sunday, December 14th.**
- The meet will be seeded and teams will receive an entry list for review. Corrections need to be forwarded by 5pm on Sunday, December 15th.
- Send entries to George Massey at hhswimming1@gmail.com.
- Use Hy-Tek Team Manager to generate entries.
- Teams may enter up to 8 swimmers in the 50 free, 6 swimmers in the 100 events, and 4 swimmers in the 200 free, 200 IM, and 500 free.
- Swimmers are limited to 4 events total, with a maximum of 2 individual events and 3 relays.
- Each team may have up to 4 individual scorers per event. Check off the exhibition box in Team Manager to note those swimmers not eligible to score.
- Teams are limited to 3 relays in each event of which only the two fastest relays can score.
- 8th graders can participate if space is available, however they will be seeded in their own heats with other JV swimmers. Make sure 8th graders are clearly marked with entries. The best way to do this is to denote them as an 8th grader when registering a new swimmer in Team Manager. 8th graders **do not** count against maximum number of entries per event.
- Meet will be preseeded. A meet sheet will be sent to all team's team head coach by 10am on the first meet day. Coaches' packets with heat sheets, entry lists, and relay cards will be available to pick up at the computer table.
- Any scratches, see the computer table. For individual events, moving swimmers into the scoring heat will NOT be allowed without consent of all teams.
- Relay cards are to be taken to the starting blocks. Make sure the names and order of swimmers on the card accurately reflect the swimmers participating in the event.

Scoring and Awards:

- Individual events 7, 5, 4, 3, 2, 1
- Relays: 14, 10, 8, 6, 4, 2
- Team Traveling trophy for boy's and girl's winners.

Cost:

- No spectator fee. \$250.00 per team. Schools will be invoiced by Hanover High School

Meet Protocols:

- Current NFHS rules apply.
- No glass bottles, no deck changing, no shaving. You must wear shoes outside of the pool area and locker rooms. Do NOT open pool doors except in an emergency.
- CLEAN UP team areas prior to leaving.
- Teams can bring a jump drive to receive results at the end of each night. Host team will also email results after the sessions each night.
- Swimmers requiring tape will need to present a doctor's note to the referee prior to participation.

Officials:

- All four teams will share with providing officials for the two sessions. We need a minimum of one referee, one starter and four stroke and turns each night.
- Send names of officials and positions to George Massey at hhswimming1@gmail.com.
- Official's meeting at 6:20pm prior to the start of the meet in the hallway.
- ***If the teams have difficulty providing officials, contact George Massey as soon as possible.***

Volunteers:

- Each team will provide 3 timers both nights.
- Each team will need to provide one additional volunteer each night that will be assigned responsibilities as needed (head timer, runner, posting results, etc)
- Timer's meeting at 6:35pm in the hallway.
- ***If teams have difficulty providing volunteers, contact George Massey as soon as possible.***

Equipment:

- Hanover will provide the equipment to run the meet.
- Atlee will provide a backup starter.

GENERAL

- ✓ Randolph-Macon request swimmers, parents, and spectators take care and be respectful when visiting. In particular, swimmers should not use the sauna or congregate in the locker rooms
- ✓ Do not access lockers in locker rooms. These are for RMC personnel only.
- ✓ Bring your own food and drinks. No vending machines available.
- ✓ There is a large bleacher for spectator seating but parents should consider bringing chairs.
- ✓ **Parking directions. See attachment.**

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December 15 & 16, 2025

8:03 Start time

Girls on Monday

Boys on Tuesday

ORDER OF EVENTS

BOYS	EVENT	GIRLS
1	200 MEDLEY RELAY	2
	<i>5 minute break</i>	
3	200 FREESTYLE	4
5	200 INDIVIDUAL MEDLEY	6
7	50 FREESTYLE	8
	<i>10 minute break</i>	
11	100 BUTTERFLY	12
13	100 FREESTYLE	14
15	500 FREESTYLE	16
	<i>5 minute break</i>	
17	200 FREESTYLE RELAY	18
	<i>5 minute break</i>	
19	100 BACKSTROKE	20
21	100 BREASTSTROKE	22
	<i>5 minute break</i>	
23	400 FREESTYLE RELAY	24

AWARDS PRESENTATION

COUNTY CHAMPS SWIM RECORD HOLDERS

EVENT	DATE	TIME	RECORD HOLDER	
Boys 200 Medley Relay	12/16/24	1:41.04	ATLEE HS	C ROSE, H KYLLINGSTEAD M SABO, B HARVEY
Girls 200 Medley Relay	12/13/22	1:57.84	PATRICK HENRY HS	M HOBEN, K BALUT, A BARNARD, C CALLIHAN
Boys 200 Free	12/12/23	1:47.76	HAYDEN BARTZ	PATRICK HENRY
Girls 200 Free	12/13/22	1:57.76	AMANDA BARNARD	PATRICK HENRY
Boys 200 IM	12/12/23	2:02.95	THOMAS SENFIELD	PATRICK HENRY
Girls 200 IM	12/13/22	2:12.81	CATHERINE CALLIHAN	PATRICK HENRY
Boys 50 Free	12/12/23	21.93	NATHANIEL ELIASON	HANOVER
Girls 50 Free	12/11/23	25.67	KATIE WILLARD	MECHANICSVILLE
Boys 100 Fly	12/12/23	51.72	NATHANIEL ELIASON	HANOVER
Girls 100 Fly	12/13/22	58.49	AMANDA BARNARD	PATRICK HENRY
Boys 100 Free	12/16/24	49.23	BRANDON HARVEY	ATLEE
Girls 100 Free	12/11/23	55.92	KATIE WILLARD	MECHANICSVILLE
Boys 500 Free	12/12/23	4:47.74	THOMAS SENFIELD	PATRICK HENRY
Girls 500 Free	12/17/24	5:24.83	SIERRA DURRETTE	ATLEE
Boys 200 Free Relay	12/12/23	1:32.18	PATRICK HENRY HS	C NUCKOLS, K KASHINEJAD, M CAUSEY H BARTZ
Girls 200 free Relay	12/17/24	1:47.91	MECHANICSVILLE	K WILLARD, M STROHHACKER, S MINTON, O MINTON
Boys 100 Back	12/16/24	53.71	CHANDLER ROSE	ATLEE
Girls 100 Back	12/11/23	1:02.96	MOLLY HOBEN	PATRICK HENRY
Boys 100 Breast	12/12/23	1:02.75	MASON HILL	MECHANICSVILLE
Girls 100 Breast	12/13/21	1:08.54	AMANDA BARNARD	PATRICK HENRY
Boys 400 Free Relay	12/14/21	3:23.75	PATRICK HENRY HS	C NUCKOLS, M CAUSEY, K KASHINEJAD, H BARTZ
Girls 400 Free Relay	12/11/23	3:55.93	PATRICK HENRY HS	M MEDEI, F HOLLENDER, E MEDEI, M HOBEN