



# THE HANOVER HAWKS HOLIDAY HIGH SCHOOL SWIM INVITATIONAL

**Saturday, December 20, 2025**

*Revised 11/19/25*



## SANCTION

Held under sanction of the Virginia High School League for Swimming

## LOCATION

SwimRVA, Collegiate Aquatic Center. 5050 Ridgedale Parkway, Richmond, VA 23234

## FACILITY

A 50-meter, 8-lane competition pool with movable bulkheads provides two 25-yard competition pools with a depth of seven to eight feet. This meet will be swum in 25 yards.

## MEET DIRECTOR

Prior to the meet: **George Massey** 804-852-8639 [hhswimming1@gmail.com](mailto:hhswimming1@gmail.com)

During the meet : TBD

## OFFICIALS

Meet Referee is **Bryan Wallin**.

If you are interested in working at this meet, contact Bryan at [thewallin5@comcast.net](mailto:thewallin5@comcast.net).

There will be an official's meetings prior to scheduled start of each session (7:45am and 3:45pm respectively).

## SCHEDULE

### PRELIMINARIES

7:00-8:15AM Preliminary warm-ups (assigned lanes)  
 7:45AM Officials Meeting – Hospitality  
 8:10AM Timers Meeting – Pool deck entrance  
 8:25AM Coaches Meeting – Hospitality  
 8:40AM Prelims begin  
 ~11:45PM Prelims end

### FINALS

3:30-4:20PM Finals warm-ups (open)  
 3:50-4:20PM Lane 1, 2, 7 and 8 in competition pool open for one way starts.  
 3:45PM Officials Meeting – Hospitality  
 4:00PM Timers Meeting – Pool deck entrance  
 4:30PM Finals begin  
 ~7:45PM Finals end

## WARMUPS AND SESSION INFORMATION

### Preliminaries

Teams will be assigned team seating, warmups times, and warmup lanes.

Morning prelims will run dual courses with boys competing on one side and girls competing on the other side. They will be swim simultaneously.

During prelims, the 6 lane, 25yd training pool will be available for warm-up/cooldown.

### Finals

Top 24 in individual events, top 16 relays.

Warmups: 3:30-4:20pm. From 4:00-4:20 in the final's competition pool, lanes 1&8 will be designated for pace, and lanes 2&7 will be designated for one-way sprints.

Finals will be held in the West course.

During finals, warm-up/cooldown lanes will be available on the other half of the pool.

## ENTRIES

**DEADLINE FOR RECEIPT OF ENTRIES IS WED, DEC 17th, 10:00AM.**

Send to George Massey at [hhswimming1@gmail.com](mailto:hhswimming1@gmail.com). Include the following information:

- Hy-Tek Team Manager computer entry file. Times need to be in yards.
- Hy-Tek Team Manager pdf entry report with **PROOF OF TIME**. To print the report click on “Include Proof of Time” located upper right under ‘Other Options’.
- Hy-Tek Roster file.
- Include **BIRTH DATES** and **MIDDLE INITIALS** for USA Swimming athletes.
- Any questions, contact George Massey at 804-852-8639 or [hhswimming1@gmail.com](mailto:hhswimming1@gmail.com).

Once received, a confirmation email will be sent along with a report showing what information was received.

- **The qualifying period for this meet is Dec. 2, 2024 through Dec. 16, 2025**
- **USA Swimming and Coaches’ Times are NOT allowed.**
- **Each swimmer may enter and compete in a maximum of FOUR (4) events, no more than two of which may be individual events.**
- **Each team will be permitted a maximum of FOUR (4) entries per individual event.** The Meet Director reserves the right to adjust the number of individual entries per event per team, so as to best serve the needs of competing athletes.
- **Teams may enter additional exhibition swimmers above the 4 swimmer maximum per event, per team.** Swimmers must have met the qualifying standard and *will be added if space is available.*
- **Relay Events. Each team may enter TWO (2) relays per event. These relays must be designated ‘A’ and ‘B’ relays.** Both A and B relays in each relay event are eligible to advance to the finals session.

## USA SWIMMING TIMES

This meet is a USA Swimming observed meet. Times achieved will count for USA Swimming. The Meet Director will send the meet results to USA Swimming for inclusion into their database. **Make sure the birth date, legal first name, middle initial, and last name are included.**

## FEEES

\$390.00 per school (includes both Boys & Girls teams) **OR** \$39.00 per swimmer (maximum of \$390.00)  
Make checks payable to **Hanover High School.**

**Send payment and checks to:**

Hanover High School  
**Attn: George Massey/Swim Team/Hawk Swim Invit**  
10307 Chamberlayne Road  
Mechanicsville, VA 23116

**Team payments need to be postmarked no later than Monday, December 15<sup>th</sup>.** Teams paying based on number of swimmers must provide a check no later than the day of the meet. Present to the Meet Director.

## CHAMPIONSHIP MEET FORMAT

This meet will be run in a championship format. All swimmers and relays will compete in the morning preliminaries with one exception. Finals will consist of the top 24 swimmers in each individual event and top 16 swimmers in each relay event from Prelims. Heats will be swum slowest to fastest. For placing/scoring purposes, swimmers are locked into their heats. Two alternates will also be listed.

**Exception:** The 500 free will be timed finals. The top 24 fastest swimmers will compete in the evening finals. All other swimmers will compete in morning preliminaries.

## ALTERNATES FOR FINALS

The 25<sup>th</sup> and 26<sup>th</sup> swimmer and 17<sup>th</sup> and 18<sup>th</sup> relay in each event will be designated as alternates for finals. In the event a swimmer does not show for the “C” final heat in the evening, alternates will be used to fill the open

position. Just prior to the event, alternates should report to the starter area and declare themselves to the meet or session referee. The scratch rule does not apply to alternates in the event if they do not show for the event.

### SEEDING

All events will be pre-seeded. Swimmers in preliminary and final events report directly to the starting blocks.

### DECLARED FALSE STARTS AND SCRATCHES

If a swimmer fails to show for an event, the swimmer shall be scratched from the meet and barred from any further competition. The following exceptions apply:

**Declared false start.** A competitor may withdraw from an individual event without further penalty with a declared false start. Notice must be given to the Deck Referee before the event is called to the blocks. The event will still count as an entry for the competitor, but does not disqualify the competitor from further competition.

**Scratching from finals.** If a competitor or relay advances to finals but does not wish to compete in that event, they can scratch from the event in question within the 30 minutes after the official event results have been posted. There will be a Scratch Table located in the hallway entrance to the pool near the blocks of the West Course.

If a swimmer does not declare a false start or properly scratch from an event, and fails to compete, the competitor shall be disqualified from further competition except for events they have previously qualified for in subsequent rounds

### AWARDS

1<sup>st</sup>-6<sup>th</sup> place, Boy's Champion, Girl's Champion. Traveling Combined Champion. Most Spirited. Best Dressed in the Holiday Spirit.

### SCORING

Individual: 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relays: 64-56-54-52-50-48-46-44-40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

### GENERAL NOTES

1. Spectator entry fee: **Debit card, credit card or GoFan.**  
**For faster entry, pre-purchase tickets through GoFan. Type in "Hanover High School", scroll down to the event.**
2. 13&over: \$10.00 (*includes entry into both sessions and heat sheets*)  
Ages 9-12: \$5.00 (*includes entry into both sessions*)  
8 & U: Free
3. Results available on the Meet Mobile app.
4. Remind your athletes of the following VHSL rules: cap and suit rule, tape rule, false start rule, and unsportsmanlike conduct.
5. All meet attendees need to comply with SwimRVA facility rules.
6. Swimmers, officials and volunteers **ONLY** allowed on the pool deck.
7. **Coaches and Officials Hospitality.** Hospitality will be located on the near side of the deck close to the hallway leading to the locker rooms. Breakfast and dinner will be provided for officials and coaches. Snacks and beverages will be available at all times.
8. **Meet T-shirts** will be available for purchase at the meet.
9. Bus drop off and pickup. On the **right side of the building** through the door leading into the hallway.
10. Clean up your team areas.

**THE HAWK HOLIDAY SWIM INVITATIONAL  
ORDER OF EVENTS AND QUALIFYING TIMES**

<b><u>EVENT</u></b>	<b><u>QUALIFYING TIME</u></b>
1 -- BOYS 200 YARD MEDLEY RELAY	NO TIME
2 -- GIRLS 200 YARD MEDLEY RELAY	NO TIME
3 -- BOYS 200 YARD FREESTYLE	2:13.00
4 -- GIRLS 200 YARD FREESTYLE	2:28.00
5 -- BOYS 200 YARD INDIVIDUAL MEDLEY	2:29.00
6 -- GIRLS 200 YARD INDIVIDUAL MEDLEY	2:45.00
7 -- BOYS 50 YARD FREESTYLE	26.00
8 -- GIRLS 50 YARD FREESTYLE	29.50

**10 MINUTE BREAK AT FINALS FOR SPIRIT COMPETITION**

9 -- BOYS 100 YARD BUTTERFLY	1:08.00
10 -- GIRLS 100 YARD BUTTERFLY	1:20.00
11 -- BOYS 100 YARD FREESTYLE	58.50
12 -- GIRLS 100 YARD FREESTYLE	1:06.00
13 -- BOYS 500 YARD FREESTYLE	5:55.00
14 -- GIRLS 500 YARD FREESTYLE	6:30.00
15 -- BOYS 200 YARD FREESTYLE RELAY	NO TIME
16 -- GIRLS 200 YARD FREESTYLE RELAY	NO TIME

**10 MINUTE BREAK AT FINALS TO ANNOUNCE SPIRIT AND  
BEST DRESSED-FOR-SEASON AWARD WINNERS**

17 -- BOYS 100 YARD BACKSTROKE	1:09.00
18 -- GIRLS 100 YARD BACKSTROKE	1:17.00
19 -- BOYS 100 YARD BREASTSTROKE	1:17.50
20 -- GIRLS 100 YARD BREASTSTROKE	1:25.00

**BREAK FOR WINTER WONDERLAND**

21 -- BOYS 400 YARD FREESTYLE RELAY	NO TIME
22 -- GIRLS 400 YARD FREESTYLE RELAY	NO TIME

**ANNOUNCEMENT OF TEAM SCORES AND AWARD OF TEAM TROPHIES  
PICK UP MEDALS IN POOL HALLWAY BY BLOCKS**

## HAWK HOLIDAY SWIM INVITATIONAL RECORDS

EVENT	TIME	DATE	RECORD HOLDER
Boys 200 Medley Relay	1:29.57	12/16/2023	<b>Western Albemarle</b> D King, J Hathaway, T Heilman, R Wang
Girls 200 Medley Relay	1:43.25	12/21/2024	<b>Monacan</b> E Callis, P Piper, R Canada, K Crotts
Boys 200 Free	1:37.64	12/21/2024	Nathan Szobota – Douglas Freeman
Girls 200 Free	1:47.48	12/16/2023	Emerson Callis - Monacan
Boys 200 IM	1:46.28	12/16/2023	David King – Western Albemarle
Girls 200 IM	1:58.44	12/18/2021	Zoe Dixon – Mills Godwin
Boys 50 Free	19.73	12/16/2023	Thomas Heilman – Western Albemarle
Girls 50 Free	22.58	12/17/2022	Christine Datovech – Maggie Walker
Boys 100 Fly	46.09	12/17/2022	Thomas Heilman - Western Albemarle
Girls 100 Fly	53.37	12/21/2024	Emerson Callis - Monacan
Boys 100 Free	44.31	12/16/2023	David King – Western Albemarle
Girls 100 Free	50.93	12/21/2024	Allison Vernon - Cosby
Boys 500 Free	4:21.51	12/21/2024	Nathan Szobota – Douglas Freeman
Girls 500 Free	4:50.92	12/18/2021	Claire Dafoe - Cosby
Boys 200 Free Relay	1:24.27	12/16/2023	<b>Western Albemarle</b> T Heilman, Jack Hathaway, Luca Quatrara, Richard Wang
Girls 200 Free Relay	1:37.76	12/15/2018	<b>James River</b> C Sheble, Johnson, G Sheble, M Burton
Boys 100 Back	48.77	12/17/2022	Ryan Hufford - Monacan
Girls 100 Back	53.00	12/21/2024	Emerson Callis - Monacan
Boys 100 Breast	55.70	12/21/2024	Matthew Wolfe – James River
Girls 100 Breast	1:03.09	12/21/2019	Grace Sheble - James River
Boys 400 Free Relay	3:04.39	12/16/2023	<b>Western Albemarle</b> T Heilman, R Wang, B King, D King
Girls 400 Free Relay	3:30.17	12/21/2019	<b>James River</b> C Sheble, S Branch, M Burton, G Sheble