



2025-2026 MINNESOTA STATE HIGH SCHOOL LEAGUE

Spectator Guide Cross Country State Tournament

Tournament Information

Date: Saturday, November 1st, 2025

Location: University of Minnesota Les Bolstad Golf Course, 2275 Larparenteur Ave W, St. Paul, MN, 55113

- Class A Boys: 10:00 a.m.
- Class A Girls: 10:45 a.m.
- Class AA Boys: 12:15 p.m.
- Class AA Girls: 1:00 p.m.
- Class AAA Boys: 2:30 p.m.
- Class AAA Girls: 3:15 p.m.

Tickets

- Purchase Tickets Online at: www.mshsl.org/tickets
 - Day Adult Price: \$13.00 (price includes ticket, taxes, and fees)
 - Day Student Price: \$8.00 (price includes ticket, taxes, and fees)
- Ticket Gates Open: One hour prior to the first race

Spectator Resources

- The following are available at www.mshsl.org/boyscrosscountry and www.mshsl.org/girlscrosscountry
 - Complimentary Online Programs (programs are not available onsite)
 - Schedule
 - Results posted after tournament
- Apparel for sale onsite and available online: <http://mshsl.signatureconcepts.shop/>

Concessions

- Multiple food trucks on site serving breakfast, lunch and general concessions.
 - Provided by The Lookout, Maple Grove
 - Available from 9am – 4pm
 - [Food Menu](#)
 - [Concessions Menu](#)

Parking

- **SPECTATOR PARKING & SHUTTLE SERVICE:** Spectator parking is free of charge and will be available on race day at the **MN State Fair Lot “North Purple Lot” at 1641 Underwood Street**, this lot can only be accessed from Larparenteur Avenue or Hoyt Ave. [Spectator Shuttle Parking Map](#)
- **Spectators should plan to arrive at the shuttle parking lot at least 60 minutes prior to the start of the race(s) they wish to see.**
- Shuttle service to and from the golf course and the parking lot will be provided from 8:45 am to 4:30 pm on race day. The shuttle pickup and drop off points will be posted with large “Shuttle Stop” signs.
- **Spectator Parking is NOT ALLOWED on site at the golf course and there is limited street parking near the venue.** Security will be at each entry point of campus and will only admit buses and team vans with official parking passes, and vehicles with a current disability permit or license plates.



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Streaming Information

- Streaming available through Neighborhood Sports Network at: <https://nspn.tv/MSHSL>
 - \$12.00 monthly subscription
 - \$33.00 annual subscription
 - Full coverage at 4 different locations on the course

Spectator Policies and Information

- League Standard: Spectators may bring cameras, including cell phones, that are basic point-and-shoot, consumer-grade cameras without detachable lenses. The lens may be no longer than two inches. Accessories such as monopods, selfie sticks, tripods, GoPro mounts and other attachments are not generally allowed. Only credentialed media are permitted to use professional-grade cameras at League events.
- Spectators must be respectful of and not impede other spectators while photographing the event.
- No beverages, food or noisemakers will be allowed to be brought into the facility.
- No balloons, laser pointers, noisemakers, air-horns, horns, drums, or whistles will be allowed in the facility.
- No weapons of any kind including licensed concealed carry weapons, knives, etc.
- No signs or banners may be hung in the facility. Hand-held signs allowed (can be held by one person)
- No drones are allowed.
- SPECTATORS ON COURSE: Instruct spectators from your school to stay behind the fences in order that all runners will have a fair opportunity to do their best. Spectator interference may result in the disqualification of a team or individual.
- [MSHSL Behavior Expectations](#)



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These policies “elevate standards of sportsmanship and encourage the growth of responsible citizenship among the students, members schools and their personnel,” consistent with the Minnesota State High School League’s Founding Purposes and the belief that sportsmanship needs to have a constant presence in all school-based activity programs. The League and its member schools work intentionally to create safe, welcoming and inclusive environments for fine arts activities and sports in our schools and competitions.

School officials are responsible for the proper conduct of teams, team members, students, and home spectators regardless of where the contest is being held. (Bylaw 409).

Behavior Expectations

To create safe, welcoming and inclusive environments in fine arts and sports in our school and competitions, I will:

- Lead by positive example and demonstrate respect and support for others.
- Follow all MSHSL, school and venue expectations.
- Refrain from using profanity or ethnic, racial, religious, ability or gender-based comments, posts or messages directed at participants, directors, coaches, officials, spectators, or team representatives.
- Act as a responsible and respectful digital citizen who positively uses social media platforms.
- Speak or act in support of others when they are harmed by words or actions.
- Honor each contest and all involved, including participants, directors, coaches, officials, spectators, and team representatives.
- Hold high standards for myself, engage positively and demonstrate sportsmanship.

Requirements of Attendees

Prohibited Items

- Flags, whiteboards, large signs on sticks, signs with vulgar, obscene or inappropriate language or images, or that obstruct the views of others or similar items
- Balloons, confetti, glitter, baby powder, pom poms or other similar celebratory items
- Artificial noise makers (i.e., megaphones, cowbells, sirens, whistles, thunder sticks and other similar items)
- Drones and laser lights
- Firearms or other weapons
- Vapes, alcohol, tobacco, cannabis or illicit drugs
- The following are prohibited at MSHSL postseason events. These may be prohibited as determined by the venue during the regular season:
 - Backpacks and other bags
 - Outside food and drink
 - Professional cameras and tripods
 - Pets

Dress Code/Attire

- Spectators may not wear masks or costumes that limit the ability to identify individuals. Masking for medical purposes is allowed
- Spectators must wear clothing that covers the torso
- Clothing worn must not be vulgar, obscene or inappropriate

Behaviors

- No one may interfere with the contest in any way
- Only members of the official squad may be on the contest surface
- The use of appropriate language is always expected. Profanity, negative chants, booing, trash talk, name calling, personal attacks or other acts of disrespect are unacceptable
- Respect the Flag and the National Anthem

*Venues may have additional requirements and prohibited items.

*For most contests, spectators may bring cameras, including cell phones, that are basic point and shoot, consumer-grade cameras without detachable lenses. The lens may be no longer than two inches. Spectators should confirm restricted items for contests with