

East Grand Forks Girls Basketball Scrimmages

Saturday, November 15th, 2025

Scrimmages for Varsity and Junior Varsity teams.

Please have reversibles for each player as these will be used in all scrimmages.

Each Varsity and JV team will have 4 scrimmages. Coaches from each team will determine the format of each scrimmage. Coaches may run a straight scrimmage, run set offenses versus different defenses, half court offense and defense, stop play, etc your choice!!

Each Scrimmage is set for 25 minutes running time. There is a 5 minute window before the next scrimmage starts.

We will provide basketballs for each gym. The concession stand will be open.

Varsity scrimmages will take place in the new gym. JV scrimmages will take place in the old gym. All schools will play Varsity and JV games at the same time. Let me know if this doesn't work for you.

Court 1= West New Gym
Court 2= East New Gym

Court 3= North Old Gym
Court 4= South Old Gym

Varsity:

Junior Varsity:

TIMES:	COURT 1	COURT 2	COURT 3	COURT 4
9:00AM	TRF VS CROX	WAO VS SH	TRF VS EGF2	WAO VS SH
9:30AM	WAO VS CROX	SH VS EGF	WAO VS EGF2	SH VS EGF1
10:00AM	TRF VS SH	WAO VS EGF	TRF VS SH	WAO VS EGF1
10:30AM	CROX VS SH	TRF VS EGF	EGF2 VS SH	TRF VS WAO
11:00AM	TRF VS WAO	CROX VS EGF	TRF VS EGF1	